

OCTOBER 2019

USD #325 Phillipsburg Panthers

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST: 1
Long Johns, Fruit, Juice,
Milk Choice
LUNCH:
Spaghetti w/Meat sauce
9-12 Mozz. Cheese Stick
French Bread
Peas/Tossed Salad 2/Romaine
Pears/Fruit Choice/Milk Choice

BREAKFAST: 2
Biscuit, Egg patty, Fruit,
Milk Choice
LUNCH:
Deli Meat/Cheese on Hoagie Bun
Crinkle Cut Fries/Green Beans
Tossed Salad 1/Tom/Onions
Fresh Fruit/Fruit Choice
Milk Choice

BREAKFAST: 3
French Toast Sticks, Fruit,
Juice, Milk Choice
LUNCH:
Chicken Quesadilla
Spanish Rice/Refried Beans
Shredded Lettuce/Salsa
Pineapple/Fruit Choice
Milk Choice

BREAKFAST: 4
Banana Bread, Yogurt, Fruit,
Milk Choice
LUNCH:
BBQ Beef on Bun
Tater Puffs/Steamed Carrots
Salad 3/Grain 9-12
Grapes/Fruit Choice
Milk Choice

NO SCHOOL
TEACHER
INSERVICE DAY 7

BREAKFAST: 8
Dutch Waffle, Fruit, Juice,
Milk Choice
LUNCH:
Sloppy Joes on Bun
Thin Cut Fries/Baked Beans
Tossed Salad 2/Grain 9-12
Peaches/Fruit Choice
Milk Choice

BREAKFAST: 9
Bagel, Sausage Patty, Fruit,
Milk Choice
LUNCH: "NEW"
Bean/ Cheese Chalupa Bowl
Corn/ Fajita Veg/Lettuce
Green onions/Diced tomatoes
Salsa/ 9-12 Tortilla Chips
Pineapple/Fresh Fruit Choice/Milk Choice

BREAKFAST: 10
Cinnamon Honey Bun, yogurt,
Fruit, Milk Choice
LUNCH:
Chicken Sticks/Hot Rolls 9-12
Potato Wedges/Green Beans
Romaine Lettuce/Salad 1
Mandarin Oranges/Fresh Fruit
Milk Choice

BREAKFAST: 11
Waffles, Fruit, Juice,
Milk Choice
LUNCH:
Beef and Noodles
Mashed Potatoes/Hot Rolls (2oz)
Steamed Carrots/Salad 3
Fresh Fruit/Fruit Choice
Milk Choice

BREAKFAST: 14
Pizza, Fruit, Juice,
Milk Choice
LUNCH:
Taco Soup
Corn Chips/Choc. Chip Cookie
Tossed Salad 1
Peaches/ Fresh Fruit Choice
Milk Choice

BREAKFAST: 15
Scrumptious Breakfast Cake,
Fruit, Juice, Milk Choice
LUNCH:
Pulled Pork Nacho's w/Tortilla Chips
Fajita Veg/Tossed Salad 2
Salsa/Grain 9-12
Pineapple/Fruit Choice
Milk Choice

BREAKFAST: 16
Biscuit, Sausage Gravy, Fruit,
Milk Choice
LUNCH: Color Run Day
Pepperoni Sliced Pizza
Green Beans/Tossed Salad 1
Frozen Side Kicks
Fresh Fruit Choice
Milk Choice

BREAKFAST: 17
Pancakes, Fruit, Juice,
Milk Choice
LUNCH:
Breaded Pork Patty
Mashed Potatoes/Gravy
Steamed Broc/Caul w/Cheese
9-12 Hot Rolls (2oz)
Bananas/Fruit Choice/Milk Choice

BREAKFAST: 18
Muffin, Yogurt, Fruit
Milk Choice
LUNCH:
Breaded Beef Fingers
Crinkle Cut Fries
Peas/Tossed Salad 3/Hot Rolls (2oz)
Mandarin Oranges/Fruit Choice
Milk Choice

BREAKFAST: 21
Dutch Waffle, Fruit, Juice,
Milk Choice
LUNCH:
Chicken Fajita/Mozz. Cheese
on Hoagie Bun
Potato Wedges/Green Beans
Tossed Salad 1
Pineapple/Fruit Choice/Milk Choice

BREAKFAST: 22
Waffles, Fruit, Juice,
Milk Choice
LUNCH: "NEW"
Big Beefy Swiss on Ciabatta
Au jus Sauce 9-12
Curly Q Fries/Corn
Salad 2/Romaine
Pears/Fresh Fruit Choice/Milk Choice

BREAKFAST: 23
Bagel, Sausage Patty, Fruit,
Milk Choice
LUNCH:
Chicken and Noodles
Mashed Potatoes
Steamed Carrots/Salad 1
Hot Rolls (2oz)
Kiwi/Fruit Choice/Milk Choice

BREAKFAST: 24
Cinnamon Honey Bun, Yogurt,
Fruit, Milk Choice
LUNCH:
Hot Dogs on Bun
Thin Cut Fries/Pork Beans
Tossed Salad 3
Mandarin Oranges/Fruit Choice
Milk Choice

No School
FRIDAY! 25


BREAKFAST: 28
Waffles, Fruit, Juice,
Milk Choice
LUNCH:
Hamburgers on Bun
Crinkle Cut Fries
Salad 1/Romaine/Tom/Onions
Peaches/Fresh Fruit Choice
Milk Choice

BREAKFAST: 29
Angel Biscuit, Chicken Patty,
Fruit, Milk Choice
LUNCH:
Fiestada Pizza
Corn
Fresh Red Peppers/ Salad 2
Pineapple/Fruit Choice
Milk Choice

BREAKFAST: 30
Pizza, Fruit, Juice,
Milk Choice
LUNCH:
Chili Soup
Cinnamon Roll
Tossed Salad 1
Fresh Oranges/Fruit Choice
Milk Choice

BREAKFAST: 31
Cinnamon Roll, Fruit, Juice,
Milk Choice
LUNCH:
K-8 Halloween Nuggets
9-12 Chicken Nuggets
Sweet&Sour Sauce/Thin Cut Fries
Green Beans/Salad 2/Pumpkin Pretzel
Froz. Shape Up/Fruit Choice/Milk Choice

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