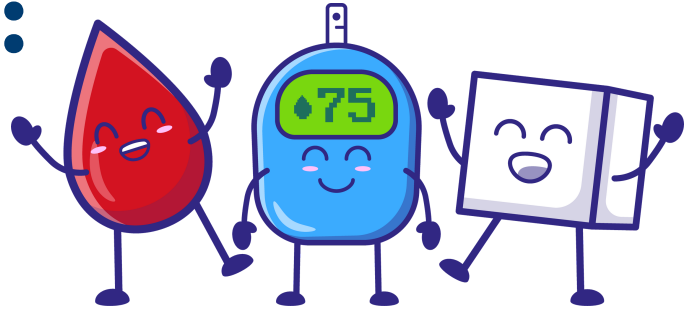


TYPE 1 DIABETES: AWARENESS & SUPPORT



RECOGNIZING THE EARLY SIGNS IN YOUR CHILD.



- **Symptoms:**
 - Excessive thirst
 - Unexplained weight loss
 - Blurred vision
 - Mood changes
 - Frequent urination
 - Exhaustion
 - Increased hunger
- **Type 1 Diabetes cannot be treated by changes to your diet or lifestyle.**
- **Highest risk factor is a family history with Type 1 Diabetes.**

WHAT SHOULD YOU DO IF YOUR CHILD IS EXPERIENCING SYMPTOMS?

- Contact your school nurse or healthcare provider for more information about Type 1 Diabetes.
- School Nurses, school staff and parents can access a complete support toolkit by creating an account at this access link (QR also provided):
<https://learn.nasn.org/courses/64543/documents/150014>

